Present Status of Pharmacy Education and Practice in Angola: Trends and Challenges

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ABSTRACT

Pharmacy education in Angola, the second largest sub-Saharan country after the Democratic Republic of Congo, has undergone some changes since the first pharmacy school was established in 2001. Currently, to practice as a pharmacist, one needs a pharmacy degree. This university degree is awarded after 5 years of pharmacy studies offered only at 7 Pharmacy Schools located mainly in the capital city. This article describes the Angolan pharmacy education framework, including criteria for admission, the type and training length and an overview of the curricula; and outlines the system of pharmacy schools. The pharmacy practice, continuing education and development barriers, and latest directions in pharmacy education are also discussed.

Key words: Angola, Curriculum, Pharmacy Education, Pharmacy practice, University.

INTRODUCTION

In Angola, to practice as a pharmacist, one needs a pharmacy degree. This university degree is awarded after 5 years of pharmacy studies offered only at 7 Pharmacy Schools located mainly in the capital city. There are three types of higher education institutions in Angola: Academies, Universities and Polytechnics. The last ones usually comprise the Pharmacy Schools.

In recent years, higher education has grown significantly in Angola: in 1979, there were 1,000 students, in 2002, after the war, there were 40,000 students, and in 2014, there were 40,095 registered students. Furthermore, there used to be only one public university. Now there are 26 public and 45 private universities.^{1,2} Pharmacy education in Angola, the second largest sub-Saharan country after the Democratic Republic of Congo with a population of 24,383 301 inhabitants,³ has undergone some changes since the first pharmacy school was established in 2001.

Since the Angolan economy has experienced a tremendous growth in the last few years

with exports of crude oil, diamonds, and petroleum products to mainly China, the United States of America and India, due to the fast economic progression of the pharmaceutical sector, there has been an increasing need for qualified pharmacy personnel. Newly established pharmacy schools and degree programs have provided increasing opportunities for students attempting to pursue a career in pharmacy. This article describes the Angolan pharmacy education framework, including criteria for admission, the type and training length and an overview of the curricula; and outlines the system of pharmacy schools. The pharmacy practice, continuing education and development barriers, and latest directions in pharmacy education are also discussed.

Pharmacy education framework

From the historical point of view, the need for skilled pharmacists in Angola comes soon after proclamation of national independence in 1975, to bridge the void that Submission Date:04-01-2016Revision Date:29-02-2016Accepted Date:27-03-2016

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existed in this specialty and the lack of Pharmacy Schools. Many young people with scholarships were sent abroad (Cuba, Congo, USSR, Brazil and Portugal) for a complete approved training.

Consistent with the International Pharmaceutical Federation (FIP) Education Initiative's 2013 global education report,³Africa has the fewest pharmacists per capita in the world. According to the 2012 National Directorate of Medicines and Equipment (Direção Nacional de Medicamentos e Equipamentos) pharmacists (919) are fewer in number compared with doctors and nurses in 2004 (2 18 435 nurses and 1 168 physicians),⁴ but this number is higher than Guinea Bissau⁵ and Mozambique,⁶ (13 and 200, respectively). In the last ten years, 6 universities have opened a BPharm program, bringing the total number of BPharm programs to 7 in 2015.² Table 1 lists all Angolan universities currently offering the the BPharm program. Pharmacy schools are regulated by the Ministry of Higher Education. Most pharmacy schools are public-funded however, the number that is privately funded has significantly increased.

The professional pharmacist profile in Angola, could be seen through the Angolan Private Higher School of Pharmacy, which according to pharmacists is considered a generalist professional with a humanist, critical and reflective training to act in all health care levels, with scientific and intellectual rigor.⁷

According to 2013 data, the expected annual number of graduates was about 24 with a BPharm degree which is higher than Cape Verde,⁸ (4 graduates in the same year). In Angola, 381 students were registered in Pharmacy Courses in 2014.² As developing this work, no university offers a postgraduate pharmacy program. Regarding the continuation of pharmacy education, student migration to Portugal remains a reality today. Currently, there is the increasing tendency of studying in Brazil, under exchange programs and agreements between the two countries.⁹

Conditions for admission in Pharmacy Schools

The increasing of higher education access in Angola started by the end of the civil war (in 2002) along with the increasing in budgetary allocation for higher education. The expansion of higher education to the different provinces of the country, has contributed to the access to this level of education of a growing number of young people. In the years from 1977 to 2002, the number of higher education students increased from 1,109 to 12,566, at an average annual rate of 10.2%.¹⁰

In Angola, to be eligible to enter any University program, applicants must pass a series of examinations. For example, an individual who successfully completed high school cannot enroll as an undergraduate in the Faculty of Pharmacy without passing admission exams. The competitive examination is based on questions about different topics: social, biological sciences, and health sciences. Applicants must submit original high or pre-university school certifications with itemized bills, Identity Card and Service statement; the last one only for applicant workers. Besides, the certificate of military situation regularized for candidates within the military age and three passport size photographs must be submitted. A fee must be paid as well. Figure 1 describes the admission of students to the pharmacy courses in 2014. Of the total amount of 339 admitted students, 223 were from the capital city, which has the largest number of pharmacy schools.2

Summarizing, access and quality have been identified as the two main problems of the education system in Angola.¹¹ As said by Baptista¹² each higher education institution has its own format of university admission tests, it is necessary to take into account the quality of the student who access the university. The admission exam formats should be an agreement between both, education and higher education ministries and those who enter higher education are those who graduate high school or technical high school.

Table 1. Pharmacy Education Offered by Angolan Universities in 2015 ^a		
University	Туре	
Jean Piajet University	Private	
Jean Piajet de BenguelaHigher Polytechnic Institute	Private	
Atlântida Higher Polytechnic Institute	Public	
AgostinhoNeto University	Private	
Private University of Angola	Public	
Malanje Higher Polytechnic Institute	Private	
Ekuki II Humanities and Technology Higher Polytechnic Institute	Private	

^aOnly universities registered in the Statistical Yearbook 2014 of the Ministry of Higher Education of Angola are included.

Table 2. Cape Verde Bachelor of Pharmacy curriculum			
First professional year	Hours	Third professional year	Hours
Techniques of oral and written	60	Biochemistry III	75
expression	45	Instrumental methods of analysis	75
Epistemology	60	Pharmaceutical Organic Chemistry I	75
Informatics introduction	45	Clinical bacteriology	75
History and sociology of pharmacy	30	Galenic pharmacy	75
Nutrition	90	Pharmacology II	75
Mathematic I	30	Pharmaceutical Instrumental AnalysisII	75
Public health	45	Pharmaceutical organic chemistry II	75
General Chemistry	60	Biopharmaceutics and Pharmacokinetics	60
Cellular and Molecular Biology	60	Food Science and compositional analysis	75
English I	45	Community pharmacy	30
General Physics for biosciences	65	Parasitology	60
Pharmaceutical Inorganic Chemistry	45	Pharmaceutical Technology I	75
General Chemistry II	60		
Laboratory Techniques	60		
Histology	45		
Dynamics of the contemporary world Human anatomy	60		
Second professional year		Fourth professional year	
Biochemistry I	30	Hydrology and hydrological analysis	75
Analytical Chemistry I	65	Mycology	60
Organic Chemistry I	60	Clinical Biochemistry	60
General bacteriology	60	Epidemiology	30
Botany	60	Pathophysiology and pharmacotherapy	45
Descriptive statistics	60	Immunology	45
Pharmacognosy	45	Pharmaceutical Technology II	75
Human physiology	60	Virology	60
Biochemistry II	45	Ethics and pharmaceutical legislation	45
Analytical Chemistry II	75	Cosmetics	75
Physical chemistry	30	Hospital pharmacy	45
Organic Chemistry II	75	Pathophysiology and pharmacotherapy II	45
Biogenetic	30	Organization and pharmaceutical Management	45
Molecular biology	60	Pharmaceutical Technology III	75
Pharmacology I	75	Toxicology and Toxicological Analyses	60
Hematology	60		
		Homeopathic (optional)	
		Pharma-toxicology (optional)	
		Industrial pharmaceutical biotechnology (optional)	
		Drug Design (optional)	
		Fifth professional year	
		Traineeship in community pharmacy	450
		traineeship in hospital pharmacy	450
		Final Thesis Project	450

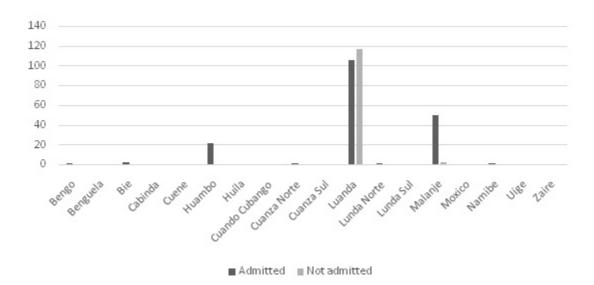


Figure 1: Admission of Students to 2014 pharmacy courses on the different provinces of Angola.

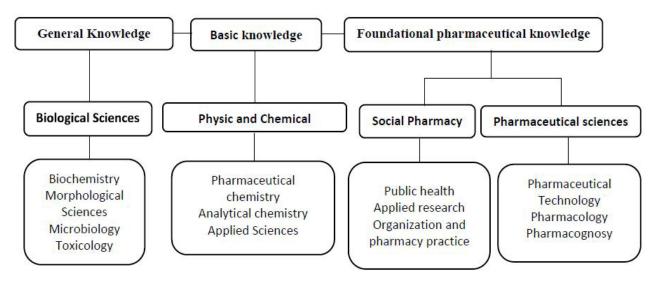


Figure 2: An overview of the BPharm Curriculum in Angola.

Curriculum in Angolan Pharmacy Programs

The emergence of various Pharmacy Schools has conditioned the rise of several teaching programs, so the establishment of Guidelines for Pharmacy Education is imperative for Angola. An approach to the pharmacy curriculum could be submitted through the Project designed by Londa *et al.*⁶ for the creation of the School of Pharmacy at Agostinho Neto University. The five year pharmacy course incorporates both theory and practice modules. Students are required to complete a unique placement in a professional setting for successful completion of the course. Each scholar year is divided into two semesters, each semester consisting of seventeen weeks. Besides, all students are required to do a research project, write a dissertation, and present their work to a scientific committee in order to graduate (Figure 2). The pharmacy curriculum was scheduled to provide the students with all the essential information and knowledge in both basic and pharmaceutical sciences to

lead them in the practice of pharmacy. Knowledge of

the basic sciences, such as chemistry, biology, physics, and mathematics, is required for education at the college of pharmacy and for research.

Unlike Angola, other Portuguese-speaking countries such as Cape Verde¹³ show a pharmacy curriculum designed to strengthen pharmacy training in skills and knowledge and orient it toward clinical practice. In addition, its information concerning pharmacy education and teaching programs have greater visibility on the network. Chemical, physic, natural and environmental sciences, scientific law, pharmacy practice, mathematics, health sciences are included in the Cape Verdean pharmacy curriculum. It also ensures a knowledge of the philosophy, communication sciences, and sociology that underlie pharmacy and an understanding of the relevance of that knowledge to patient care. Table 2 lists courses taught in the Cape Verde Bachelor of Pharmacy curriculum.

Education Quality Assurance

In accordance with the research conducted by Isaac¹⁴ the development of self-evaluation in the Angolan higher education institutions is in its initial structuring phase. Certain autonomy to define their evaluation stage according to their organizational specificities, as long as that competence should be exercised without excluding the reference patterns of the national, regional and international system of evaluation. Likewise, Nascimento,¹⁵ also acknowledged that the higher education development in Angola was not followed by appropriated measures to ensure the quality of the courses and programs offered by these institutions. As expected, this reality characterizes the Angolan pharmacy education. Now-a-days, an absence of Angolan universities among the best in Africa is reported.¹⁶

In Angola, there are no Accreditation Standards and Guidelines for Pharmacy Education. Pharmacy education in Angola currently prepares pharmacy students for roles in pharmacovigilance, clinical pharmacy, hospital pharmacy, pharmacoepidemiology, clinical research and public health, herbal medicine and pharmaceutical industry.¹⁷

In 2013 is officially established the National Association of Pharmacists (Ordem dos Farmacêuticos de Angola), which has among its obligations organize internships, research, postgraduate courses, improvement and recycling as well as to promote or participate in conferences, seminars, and other activities, contributing to updating the knowledge of professionals on topics relate to pharmacy practice and other areas of health.¹⁸ Creating quality standards in pharmacy education it was considered among the obligations of this organization according to FIP, the educational development should progress through an action plan that first seeks to "identify local needs, the pharmacy services needed to meet these needs, the competences needed to provide these pharmacy services and the education required to achieve/ensure these competences".¹⁹ FIP's Pharmacy Education Action Plan is oriented toward identifying locally determined pharmacy service needs and then facilitating comprehensive educational development and competency achievements to meet those local needs.

Future directions of pharmacy education

The continuing growth of Africa's pharmaceutical industry, shortages in the number of trained pharmacists, growth access of patients to medicines previously unavailable on the continent, the rise of major cities, the expansion in healthcare capacity, and the maturing of the business environment, turns Africa into a continent of opportunity for pharmacists and patients.^{20,21}

Some efforts to improve the system of pharmacy schools include: extending existing pharmacy schools, implementing the establishment of new pharmacy schools and increasing investment in the area; improving teaching facilities for example: classrooms, laboratories, materials, and computerized systems. Besides, when improving the quality of pharmacy education, some policies take into account the National Statement of Pharmacy Education Standards consistent with the concept of the seven-star pharmacist, introduced by the World Health Organization (WHO) and included by FIP in 2000 in its policy on Good Pharmacy Education Practice.²²

Cooperation between pharmacy schools and industry helps to provide some continuing education opportunities to upgrade the knowledge and skills of the existing pharmacy workforce. Two hundred pharmacists from Luanda and other provinces were trained on generic, skin diseases, and oral hygiene topics by Tecno-Saúde Inc; likewise, during the first half of 2013, 17 pharmacy students from Jean Piajet University were trained in Portugal, within the framework of the cooperation agreements between state universities and companies like Bayer and Blue pharma respectively.²³Angola is a member of the Association of Pharmacists of Portuguese Language Countries-Associação de Farmacêuticos dos Países de Língua Portuguesa (AFPLP)-, which according to the continuous updating of knowledge and development of professional attitudes are fundamental to the advancement of the pharmacy professionals.²⁴

As stated by Valmir Santi,²⁵AFPLP is committed to create an integrated pharmacy curriculum among all members, increase training opportunities and pharmacists organization and get more benefits out of the staff training process, especially at the level of continuous education. The experience of more advanced countries in both, the practice of patient-centered pharmacy and the stabilized pharmacy system, like Portugal, must be taken advantage of.

Pharmacy practice

In Angola, the pharmacy activity is regulated by Presidential Decree 191/10 (September 1st).²⁶ According to the decree, the Ministry of Health is responsible for the organization, legislation and oversight of the pharmacy activity. For its operation, all pharmacies are required to have the presence of a pharmacist or pharmacy technician, who is responsible for good pharmacy practices, thus being technical director. If the pharmacy has no pharmacist it can be managed by a pharmacy technician, however the pharmacy technician must be supervised by a pharmacist who is located geographically nearby. Should possess the technical direction of the pharmacy, this activity is incompatible with any other to prevent staying in the pharmacy. Currently, there are 1261 pharmacies in Angola²⁷ covering the entire country, with one pharmacy for every 10 000 inhabitants.

Related to pharmacy services, pharmacy practice in Angola is also regulated by the AFPLP Resolution, which brings together professionals from Angola, Brazil, Cape Verde, Guinea-Bissau, Mozambique, Portugal and Sao Tome and Principe, approved in General Assembly held in Luanda, Angola in 2013.²⁸

CONCLUSION

With the rapid expansion in the number of pharmacy schools, ensuring high-quality pharmacy education is a major challenge for Angola.

Data collection on the characteristics of the pharmacy workforce and pharmacy practices, identifying the specific needs of the country, and using these to develop comprehensive education is considered as a first step towards improving the quality of pharmacy education. Set up a national framework of pharmacy programs as guidelines for pharmacy schools to develop their own specific curricula, elaborate standard pharmacy textbooks with up-dated and advanced content, elaborate postgraduate pharmacy programs to offer continuing education and professional development chances in cooperation with overseas organizations, are some challenges to face by pharmacy education and practice in Angola in the near future.

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CONFLICTS OF INTEREST

The author has no conflict of interests to declare.

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SUMMARY

- In Angola to practice as a pharmacist, one needs a pharmacy degree.
- Universities and polytechnics comprise the Pharmacy Schools.
- Access and quality have been identified as the two main problems of the education system in Angola
- In Angola, there are no Accreditation Standards and Guidelines for Pharmacy Education.
- Ensuring high-quality pharmacy education is a major challenge.

About Author



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