Bilateral Ovariectomy Decreases the Levels of Cyclic Nucleotides and Nuclear Phosphorylated Estrogen Receptor-Alpha in Memory-Sensitive Rat Brain Regions

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ABSTRACT

Aim/Background: The level of phosphorylated Estrogen Receptor alpha (ER α) in the nucleus was investigated in different memory-sensitive brain regions of estrogendeficient female rats. Further, the levels of cyclic nucleotides were estimated in those brain regions to draw a possible correlation with phosphorylated ER α signaling. Materials and Methods: Bilateral ovariectomy was performed on the first day of the experimental schedule of 60 days. Behavioural analysis was performed and various biochemical parameters were assessed in discrete brain regions of rat. Results: Ovariectomy caused a significant deterioration in learning and memory of the animals in terms of increase in transfer latency, decrease in time spent and percentage of total distance traveled in the target quadrant in Morris Water Maze (MWM) test protocol. Further, ovariectomy reduced the spontaneous alteration behavior of the rats in the Y-maze test. There was a significant increase in cholinergic dysfunction in respect of decrease in the activity of choline acetyltransferase and level of acetylcholine and an increase in the activity of acetylcholinesterase in rat hippocampus, pre-frontal cortex and amygdala. Subsequently, ovariectomy significantly reduced the extent of phosphorylation and translocation of ER α in such rat brain regions. Moreover, ovariectomy caused a decrease in the levels of cyclic nucleotides such as cAMP and cGMP in these rat brain regions. Additionally, there was a significant positive correlation between the ratio of cyclic nucleotides (cGMP/cAMP) and nuclear p-ER α in all brain regions of these ovariectomized animals. Conclusion: The cyclic nucleotides could be a potential and alternate target to promote the phosphorylated ER α receptor-mediated mechanism during memory formation in estrogen deficiency condition.

Key words: Bilateral ovariectomy, Estrogen receptor alpha (ER α), Cyclic nucleotides, Ligand-independent mechanism, Cholinergic activity, Memory.

INTRODUCTION

Cognitive dysfunction is the loss of intellectual skills like perception, acquisition, comprehension and response to information presented to a person. This may influence the thinking, memory and reasoning capabilities of a person.¹ Dementia is considered as one of the neuropsychological hallmarks of cognitive dysfunction.² It is estimated that dementia may be prevalent in approximately 81.1 million of world population by 2040.³ Further, it has also been suggested that the incidence of dementia is higher in females than males in the world population.⁴ Literature suggests that the risk of dementia is higher in post-menopausal women than pre-menopausal females.⁵ It is well accepted that during menopause condition estrogen level becomes deficit, which may lead to several pathological alterations in the brain, including synaptic damage, neuroinflammation and neuronal cell death.⁶ In addition to the clinical study, experimental research suggests that estrogen deficiency is one of the plausible factors in the genesis of several



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neurodegenerative disorders, including Alzheimer's Disease (AD).^{7,8} Therefore, it is imperative to establish the mechanism of estrogen in the pathogenesis of neuro-degenerative disorders such as AD.

Estrogen exhibits physiological function through classical estrogen receptor alpha (ERa)-mediated genomic mechanism to promote neuronal growth and synaptic plasticity and thus strengthens cognitive function.9 Classically, liganded ERa dimerizes and translocate to the nucleus, acts in itself as transcription variables, binds to particular promoter components for Estrogen Reaction (ERE) or interacts with other protein-protein variables for transcription.^{10,11} In addition, unliganded ERa is also phosphorylated by activated kinases, then dimerize, bind DNA and regulate gene transcription.¹² These observations indicate the fact that an additional signaling pathway could be an important mediator to regulate estrogen-dependent activity in physiological conditions. Experimental reports suggest that the level of expression of ERa is decreased in several memory-sensitive brain regions in neurodegenerative disorders, including AD.^{13,14} Moreover, it has also been documented that long-term deprivation of estrogen after ovariectomy leads to a significant decrease in brain ERa expression.¹⁵ It is well established that the reduced expression level of $ER\alpha$ is associated with cholinergic dysfunction with respect to the decreased expression level of muscarinic receptors in memory sensitive brain regions such as the hippocampus.¹⁶ However, there is a lack of report on the phosphorylated ERα-mediated effect in cholinergic dysfunction associated cognitive decline during estrogen deficiency condition.

It has been documented that cyclic nucleotides are considered as one of the downstream molecules of ERamediated signaling mechanisms in memory-sensitive brain regions.¹⁷ These cyclic nucleotides control several cell functions in signal transduction and synaptic neuron transmission in the central nervous system.^{18,19} Literature reports suggestes that both Cyclic Adenosine Monophosphate (cAMP) and cyclic Guanosine Monophosphate (cGMP) signaling regulates the extent of memory formation.^{20,21} Moreover, a decrease in the cAMP and cGMP concentrations is reported in estrogen deficiency condition in the animal models.^{22,23} It is well accepted that muscarinic receptors exhibit their intrinsic activity through cyclic nucleotide-mediated cellular mechanisms.²⁴ A report suggests that there is a decrease in cyclic nucleotides along with the decreased expression of both ERa and muscarinic receptors in memory sensitive brain regions of estrogen-deficient animals.16,24 Hence, there is a lack of correlation between the level of cyclic nucleotides and the phosphorylated ERamediated signaling in the cholinergic dysfunction associated cognitive decline during estrogen deficiency condition.

Therefore, the present study explored the extent of phosphorylation and translocation of ER α receptor in memory-sensitive brain regions of bilateral ovariectomy challenged female rats. Further, the levels of cyclic nucleotides (cAMP and cGMP) were estimated in memory-sensitive brain regions of such animals. Moreover, a correlation analysis was performed to establish a relationship between the ratio of cyclic nucleotides (cGMP/cAMP) and nuclear p-ER α in memory-sensitive brain regions of the rodents.

MATERIALS AND METHODS

Animals

Female Wistar rats of 250-280 gm were acquired and used in the research from Animal House of Institute of Pharmaceutical Research, GLA University, Mathura. The animals were grouped and housed in optimum condition of 22-26°C temperature, 45-55% relative humidity and 12 hr light: 12 hr dark cycle in polyacrylic cages lined with husk. Animals were permitted to feed their standard soya-free chow diet and water *ad libitum* freely. All the experimental processes used have been carried out under the strict complying rules of Committee for the Purpose of Control and Supervision of Experiments on Animals (CPCSEA) under the authorization of the Institutional Animal Ethics Committee (GLAIPR/CPCSEA/IAEC/P[°]Col/2015/01).

Chemicals

The ER α , phosphorylated ER α , β -actin and histone-3 (H3) antibodies were procured from Abcam Plc., Cambridge, USA. All the chemicals and reagents were of analytical grade and purchased from local suppliers.

Experimental Design

The rats were accustomed and grouped into three of six animals each, named as Control, Sham (subjected to bilateral incisions without removing the ovaries) and OVX. Animals of all groups except the control group were anesthetized using pentobarbitone (45 mg/kg i.p.) and then ovariectomized under aseptic conditions.¹⁵ Cleaning of the cages and wounds disinfection was performed on a daily basis. The entire experimental protocol was followed for 60 days. The rats were exposed to Morris Water Maze (MWM) test paradigm for 5 consecutive days, i.e., from Day-56 to Day-60 of the experimental schedule. Subsequently, on Day-60 the animals were exposed to Y-maze test after 30 min

to MWM test. The behavioral activities were recorded and measured in ANY-maze[™] (Version-4.96, USA) video-tracking system. The serum level of estradiol of the animals was estimated on Day-1 before ovariectomy and on Day-60 of the experimental protocol using the manufacturer's instruction of standard assay kit (Abcam Pvt. Ltd., ab108667). All the animals were killed by decapitation after the successful behavioral performance. The uterus and brains of all animals were taken and further, the brains were microdissected²⁵ into the HIP, PFC and AMY for estimating the biochemical parameters. The diagrammatic representation of the experimental schedule was depicted in Figure 1.

Induction of bilateral ovariectomy

Female Wistar rats were anesthetized on their dorsal surface and the area of the surgery was shaved and cleaned with ethanol. A transverse peritoneal incision of 0.4-0.6 cm was made using a surgical scalpel blade on the middle part of the left and right dorsal side of flanks to induce bilateral ovariectomy. Ovaries were pulled out and removed from both sides. The uteri on both sides were pushed back and incisions were sutured in layers (muscle and skin) using absorbable suture (Ethicon chromic sutures, Johnson and Johnson Ltd., India). Neomycin antibiotic powder was applied twice daily on wounds for one week. Throughout the operation, the high degree of aseptic procedure was retained and animals were permitted to recover. The rats were housed separately in cages after surgery, provided for a period of one week with clean and dry bedding sets.15

Evaluation of Cognitive Deficits in Different Behavioural Models

Morris Water Maze (MWM) Test for Assessing Learning and Memory

The MWM test is frequently used to assess learning and memory using animal models.^{26,27} The protocol was carried out on the concept of placing the animal in a large water pool separated into four equal quadrants. The tendency of the animals was to find a hidden escape platform achieved its inclination to escape. Four consecutive days of practice (with a gap of 5 min in between), each animal was subject to a quest for a hidden platform for four consecutive days. A video camera and a tracking system registered the escape latencies (time required to reach the platform as a goal; Day-56 to Day-59), a mean time spent by the animals in target quadrant, percentage of total distance traveled in target quadrant and swimming speed (Day-60) for each animal (ANY-maze video tracking system, Stoelting Co., Version-4.96, USA). The Day-59 escape latency time was

taken as the acquisition or learning index to find the hidden platform in the water maze. The hidden platform has been removed on Day-60. Each rodent was permitted to explore the pool only for 120 s. The mean time spent in all the quadrants in search of the hidden platform was recorded. The animal's mean time spent in the target quadrant was taken as the recovery or memory index. The experiment was in the same place at all times. Care was taken with regard to the relative place of the MWM with regard to other artifacts in the laboratory in order not to disturb prominent visual indications during the entire length of the research.

Y-Maze Test for Assessing Spontaneous Alteration **Behaviour**

On Day-60, working memory in Y-Maze for spontaneous alteration behavior (SAB) was assessed.²⁸ The device was a black painted wooded horizontal labyrinth $(40 \times 3 \times 12 \text{ cm}^3)$ with three arms (A, B and C labelled) arranged at an angle of 120° to each other. Each animal was placed in the middle of the apparatus. The animal was allowed to move freely for 8 min through the maze. The number of alterations (i.e., consecutive sequences of entry of ABC, CAB or BCA, but not BAB) and total arm entries were recorded. The arms were thoroughly cleaned with water spray to remove residual odor in between the tests. The percentage alteration was calculated according to the following equation: percentage alteration = [(number of alterations)/(total arm entries-2)] x 100.

Assessment of the Cholinergic Dysfunction The Method of Sample Preparation

The brain tissues were homogenized with a homogenizer containing 1 ml of 0.1 M perchloric acid. Homogenate was stored and thereafter 50 µl of 4 M potassium acetate was mixed to modify the pH to 4.0 which was followed by centrifugation at 4000 g for 15 min.29

Assay of ChAT activity

The levels of ChAT were determined spectrophotometrically at 450 nm using an enzyme-linked immuno-



Figure 1: Experimental procedure.

sorbent assay kit (SEB929Mu; Wuhan, Hubei, China) according to the manufacturer's instructions.

Evaluation of ACh level

The quantity of ACh in brain tissue was estimated with the use of Amplex red assay kit (Molecular Probes, Inc., USA) following the procedure of Zoukhri and Kublin.³⁰ The fluorescence was recorded at 530 nm excitation and 590 nm wavelengths with help of spectrofluorometer. A standard protocol was used to determine the protein content.³¹

Evaluation of Activity of AChE

The increase in the activity of AChE is regarded as an indicator of the loss of cholinergic neurons in brain tissue. The activity of AChE was evaluated in assay kit of Amplex red AChE (Molecular Probes, Inc., USA). The fluorescence was determined at 530 nm excitation wavelength and 590 nm emission wavelength with the assistance of spectrofluorometer. The Lowry method was used to determine protein content.³¹

Estimation of Cyclic AMP (cAMP) and Cyclic GMP (cGMP) levels

Intracellular levels of cyclic nucleotides (cAMP and cGMP) in tissue were determined using direct cAMP (ab133051; Abcam Plc., Cambridge, USA) and cGMP (ab133052; Abcam Plc., Cambridge, USA) enzyme immunoassay kit according to the manufacturer's instruction. Results were expressed as pmol/mg protein.

Immunoblotting

The tissues were subjected to lysis in a buffer comprising full protease inhibitor cocktail for protein analysis. Subsequently, tissues were subjected to homogenization in a Potter-Elvehjem homogenizer and thereafter the homogenate was centrifuged at 1500 g for 15 min. The post-nuclear fraction was then centrifuged at 100000 g for 60 min. The resulting supernatant was considered as the cytosolic fraction. Concentrations of proteins were determined by the standard technique in each fraction.32 A standard plot was made using bovine serum albumin. An aliquot of each cytoplasmic sample was electrophoresed on 10% SDS-PAGE gels for ERa and phosphorylated ERa proteins. It was then transferred to polyvinylidene fluoride membranes and probed with specific antibodies. Similarly, an equal aliquot of each nuclear sample was electrophoresed on 10% SDS-PAGE gels for phosphorylated ERa proteins, transferred to polyvinylidene fluoride membranes and probed with specific antibodies. The membrane was incubated overnight with rabbit anti-ERa (Abcam Plc., Cambridge, USA; ab3575) and anti- phosphorylated

ERa (Abcam Plc., Cambridge, USA; ab131111, phospho S106) polyclonal primary antibody at a dilution of 1:1000 and 1:100 respectively. The membrane was stripped with stripping buffer (25 mM Glycine pH 2.0, 2% SDS for 30 min at room temperature) after treatment with the secondary antibodies of ERa and phosphorylated ERa. Thereafter, it was again probed with rabbit anti- β -actin and anti-histone-3 (H3) polyclonal primary antibody at a dilution of 1:500 and 1:1000 to confirm equal loading of protein in cytoplasmic and nuclear fraction respectively. The secondary antibodies of either β -actin or H3 were used to probe the membrane. The enhanced chemiluminescence (ECL) reagents (Amersham Bioscience, USA) were used to detect the Immunoreactive band of proteins. The quantitative analysis was estimated by a densitometric scan of films. The densitometric analysis was used to calculate the area of immunoreactive band using Biovis gel documentation software.

Analysis of Data

All the data were represented as mean \pm Standard Error of the Mean (SEM). Repeated measures of two-way analysis of variance (ANOVA) followed by Bonferroni Post hoc test was used for statistical analysis for body weight, estradiol level and escape latency of the animals. All other statistical analyses were done using one-way ANOVA followed by Student Newman-keuls *Post-hoc* test. *P*< 0.05 was considered significant. In addition, Pearson's correlation analysis was performed to correlate between the ratio of cyclic nucleotides (cGMP/cAMP) and nuclear p-ER α with respect to H3 in the HIP, PFC and AMY of the animals. In correlation analysis, the criterion for statistical significance was *P* < 0.05.

RESULTS

Effect of bilateral ovariectomy on body weight, estradiol level and uterus weight

The effect of ovariectomy on body weight, estradiol level and uterus weight is depicted in Figure 2. There were significant differences in body weight and estradiol level of the animals among group ([F (2, 30) = 4.2, P < 0.05] and [F (2, 30) = 13.7, P < 0.05] respectively) and day ([F (1, 30) = 34.7, P < 0.05] and [F (1, 30) = 17.8, P < 0.05] respectively). Further, there was significant interaction between group and day in the body weight as well as in the level of estradiol of the animals ([F (2, 30) = 5.2, P < 0.05] and [F (2, 30) = 7.7, P < 0.05] respectively). Bonferroni test showed that there were no significant differences in body weight and level of estradiol in the blood of the animals among different groups



Figure 2: Effect of bilateral ovariectomy-induced changes in body weight (A), estradiol level (B) and uterus weight (C). All values are expressed in mean \pm SEM (n = 6). ^aP<0.05 as compared to Control, ^bP<0.05 as compared to Sham (Repeted measures of Two-way ANOVA followed by Bonferroni's multiple comparison test for body weight and estradiol level and one-way ANOVA followed by Student-Newmann-Keuls *post hoc* test for uterus weight among groups).

on Day-1 of the experimental schedule. OVX challenged rats exhibited a significant increase and decrease in body weight and estradiol level compared to other group animals on Day-60, respectively. It was indicating that there was gain in body weight and loss in the level of estradiol of the animals due to OVX paradigm.

There were also significant differences in the uterus weight of animals among the group [F (2, 15) = 52.9, P < 0.05]. *Post-hoc* test showed that OVX significantly decreased the uterus weight compared to Control and Sham group animals.

Bilateral OVX attenuated learning and memory formation of the animals in MWM test

Figure 3 illustrates the effect of OVX on alteration in escape latency period from Day-56 to Day-59 (A), the time spent in the target quadrant (B), the percentage of total distance travelled in the target quadrant (C) and swimming speed of the animals in Day-60 (D) during



Figure 3: Effect of bilateral ovariectomy-induced changes in the learning and memory of rats in Morris Water Maze (MWM). The table left side of the figure represents a representative track plot of each animal of all the groups at every time point of the experimental schedule. Connecting lines represent the changes in escape latency from Day-56 to Day-59 (A) and the bar diagrams represent the time spent in target quadrants (B), percentage of total distance traveled in the target quadrant (C) and swimming speed (D) in Day-60. All values are expressed in mean \pm SEM (n = 6). ^aP<0.05 as compared to Control, bP<0.05 as compared to Sham (Repeted measures of Two-way ANOVA followed by Bonferroni's multiple comparison test for escape latency and one-way ANOVA followed by Student-Newmann-Keuls post hoc test for the time spent in target quadrants and percentage of total distance traveled in target quadrant).

MWM test paradigm. Statistical analysis showed that there were significant differences in the escape latency period among group [F (2, 60) = 30.1, P<0.05] and day [F (3, 60) = 47.2, P<0.05]. Further, there was a significant interaction between group and day in the escape latency of the animals [F (6, 60) = 2.4, P<0.05]. Bonferroni test showed that there were no significant differences in the escape latency of the animals among the group on Day-56 of the MWM test. Interestingly, rats of OVX group exhibited higher escape latency compared to Control and Sham group animals on Day-57 of the MWM test protocol indicating that there was loss in learning abilities of the animals due to OVX paradigm. Moreover, a similar observation was recorded in the animals up to Day-59 of the test.

One-way ANOVA revealed that there were significant differences in the time spent in the target quadrant [F(2, 15) = 29.5, P < 0.05] and percentage of total distance traveled in target quadrant [F(2, 15) = 40.2, P < 0.05] of the animals in Day-60 during MWM test. However, there was no significant difference in swimming speed [F(2, 15) = 0.50, P > 0.05] of the animals among groups. *Post-boc* test showed that OVX significantly reduced



Figure 4: Effect of bilateral ovariectomy-induced changes in spatial memory in terms of spontaneous alteration behavior of rats in the Y-maze test. All values are expressed in mean \pm SEM (n = 6). ^aP<0.05 as compared to Control, ^bP<0.05 as compared to Sham (One-way ANOVA followed by Student-Newmann-Keuls *post hoc* test).

the amount of time spent and percentage of total distance traveled in the target quadrant of the animals in Day-60 of the test than Control and Sham group rodents indicating the fact that OVX significantly caused a loss in memory formation of the animals in the test.

Bilateral OVX reduced spatial memory formation of the animals in the Y-maze test

The effect of OVX on changes in the SAB of the rats in the Y-maze test is represented in Figure 4. There were significant differences in the SAB [F (2, 15) = 36.2, P < 0.05] of the animals among groups. *Post-hoc* test showed that OVX challenged rats exhibited a significant decrease in the SAB behavior during Y- maze test compared to Control and Sham group animals indicating the fact that OVX significantly reduced the spatial memory formation in terms of SAB of the rodents during the paradigm.

Bilateral ovariectomy caused cholinergic dysfunction in discrete brain regions

The effect of bilateral ovariectomy on ACh level and activities of ChAT and AChE in HIP, PFC and AMY are depicted in Figure 5. There were statistical differences in the ACh level and activities of ChAT and AChE in HIP ([F (2, 15) = 48.5, P < 0.05], [F (2, 15) = 43.9, P < 0.05] and [F (2, 15) = 30.1, P < 0.05] respectively), PFC ([F (2, 15) = 73.0, P < 0.05], [F (2, 15) = 20.6, P < 0.05] and [F (2, 15) = 42.3, P < 0.05] respectively) and AMY ([F (2, 15) = 152.0, P < 0.05], [F (2, 15) = 18.8, P < 0.05] and [F (2, 15) = 31.6, P < 0.05] respectively) among groups. *Post-boc* test showed that ovariectomy decreased the level of ACh and activity of ChAT in all the brain regions compared to control and sham group animals.



Figure 5: Effect of bilateral ovariectomy-induced changes in cholinergic function in terms of the activity of ChAT (A), level of ACh (B) and activity of AChE (C) in rat HIP, PFC and AMY. All values are expressed in mean \pm SEM (n = 6). ^aP<0.05 as compared to Control, ^bP<0.05 as compared to Sham (One-way ANOVA followed by Student-Newmann-Keuls *post hoc* test).

However, ovariectomy increased the activity AChE in all the brain regions compared to all other groups of rats.

Ovariectomy decreases the levels of cyclic nucleotides in discrete brain regions

Figure 6 illustrates the effect of ovariectomy on the levels of cAMP, cGMP and their ratio (cGMP/cAMP) in rat HIP, PFC and AMY. There were statistical differences in the levels of cAMP and cGMP and cGMP/cAMP ratio in HIP ([F (2, 15) = 30.5, P<0.05], [F (2, 15) = 59.5, P<0.05] and [F (2, 15) = 42.5, P<0.05] respectively), PFC ([F (2, 15) = 13.2, P<0.05], [F (2, 15) = 77.2, P<0.05] and [F (2, 15) = 52.5, P<0.05], respectively) and AMY ([F (2, 15 = 21.6, P<0.05], [F (2, 15) = 85.1, P<0.05]; and [F (2, 15) = 76.1, P<0.05] respectively) among groups. OVX significantly decreased the levels of cAMP and cGMP and cGMP/cAMP ratio in all the brain regions of rats compared to control and sham group animals in *Post-boc* test.

Ovariectomy attenuates the extent of phosphorylation and translocation of p-ER α receptor in discrete brain regions

Figure 7 illustrates the effect of OVX on the extent of phosphorylation of ER α receptors in cytoplasm and translocation of p-ER α receptor in the nucleus in discrete brain regions. There were significant differences in the extent of phosphorylation of ER α receptor in cytoplasm and translocation of p-ER α receptor in



Figure 6: Effect of bilateral ovariectomy-induced changes in the level of cGMP (A), cAMP (B) and their ratio cGMP/cAMP (C) in rat HIP, PFC and AMY. All values are expressed in mean \pm SEM (n = 6). ^aP<0.05 as compared to Control, ^bP<0.05 as compared to Sham (One-way ANOVA followed by Student-Newmann-Keuls *post hoc* test).

nucleus in HIP ([F (2, 6) = 11.3, P < 0.05] and [F (2, 6) = 9.2, P < 0.05] respectively), PFC ([F (2, 6) = 12.1, P < 0.05] and [F (2, 6) = 8.7, P < 0.05] respectively) and AMY ([F (2, 6) = 11.9, P < 0.05] and [F (2, 6) = 9.3, P < 0.05] respectively) among groups. *Post-hoc* test revealed that the extent of phosphorylation of ER α receptor in cytoplasm and translocation of p-ER α receptor in the nucleus of tissues of all the rat brain regions was significantly lower in OVX rats compared to control and sham group animals.

Correlation analysis between cyclic nucleotides (cGMP/cAMP) and nuclear p-ER α /H3

Figure 8 illustrates the correlation between ratio of cyclic nucleotides (cGMP/cAMP) and nuclear p-ER α with respect to H3 in HIP (A), PFC (B) and AMY (C) of the animals. A significant positive correlation in HIP (r^2 = 0.87, Pearson's r = 0.93), PFC (r^2 = 0.89, Pearson's r = 0.95) and AMY (r^2 = 0.90, Pearson's r = 0.95) were observed between the two parameters.



Figure 7: Effect of bilateral ovariectomy-induced changes in the extent of phosphorylation of ER α receptor in cytoplasm and translocation of p-ER α receptor in the nucleus of rat HIP, PFC and AMY tissues. Blots are representative of cytoplasmic ER α (A), cytoplasmic p-ER α (B) and nucleus p-ER α (C) of rat HIP, PFC and AMY. The results in the histogram (D) are expressed as the ratio of the relative intensity of cytoplasmic p-ER α /cytoplasmic ER α and (E) are expressed as the ratio of the relative intensity of nuclear p-ER α /cytoplasmic p-ER α . All values are expressed in mean ± SEM (n = 6). ^aP<0.05 as compared to Control, ^bP<0.05 as compared to Sham (One-way ANOVA followed by Student-Newmann-Keuls *post hoc* test).

DISCUSSION

In the present study, we report that the bilateral ovariectomy significantly reduced the extent of phosphorylation and translocation of ERa receptor in memory-sensitive brain areas of the rodents. Further, there was a significant reduction in the levels of cyclic nucleotides in memory-sensitive brain regions of these animals. Moreover, there was a significant positive correlation between the ratio of cyclic nucleotides (cGMP/cAMP) and nuclear p-ERa with respect to H3 in all the selected brain regions. These observations laid down the fact that there could be a direct relationship between the activity of ERa receptor and levels of cyclic nucleotides in the memory-sensitive brain regions of the animals subjected to bilateral ovariectomy. Our behavioral results suggest that bilateral ovariectomy caused a significant loss in learning and memory in the MWM test and impairment in spatial memory in the Y-maze test similar to earlier findings.^{33,34} These animals also exhibited a significant loss in cholinergic activity in terms of decreased ACh level and activity of ChAT and increased AChE activity in memory-sensitive brain regions. It has been well suggested that the circulating estrogen can interfere with cholinergic function through ERa in memory-sensitive brain regions.¹⁵ It has been reported that bilateral ovariectomy causes a significant reduction in the level of ERa in memory-sensitive brain regions of the animals.¹⁵ We report a significant reduction in the ratio of ERa between phosphorylated to non-phosphorylated form in all brain regions. These observations indicate the fact that there may be a reduction in the extent of phosphorylation of ERa. Previous



Figure 8: Illustrates the correlation between the ratio of cyclic nucleotides (cGMP/cAMP) and nuclear p-ERα with respect to H3 in the HIP (A), PFC (B) and AMY (C) of the animals [Pearson's correlational analysis at *P*<0.05].

reports suggest that phosphorylated ER α plays a similar role as that of liganded ER α in modulating cellular function in brain.¹⁰⁻¹² In the present study, we report a significant decrease in the ratio of phosphorylated ER α between nuclear and cytoplasmic fractions of the brain tissues. These observations could either be attenuation in the extent of phosphorylation or defect in the import signals of ER α to the nucleus in all memory-sensitive brain regions. Thus, it can be assumed that there is also impairment in the phosphorylated ER α activity in memory-sensitive brain regions during estrogen deficiency.

In cholinergic neurons, the 4-estren- 3α , 17β -diol (estren), a non-classical estradiol pathway activator, phosphorylates c-AMP-response-element-binding-protein and extracellular-signal-regulated-kinase-1/2 probably through ER α activity in memory-sensitive brain regions of $A\beta_{1-42}$ administered dementia rats.³⁵ Grisomm and Denial³⁶ also report that insulin-like growth factor-1 promotes the phosphorylation of ER α in the hippocampus and thus encourage memory formation in

ovariectomized rats. Other studies further support the fact that endogenous substances such as growth factors of peptide, insulin and neurotransmitters like dopamine enhance the activity of $ER\alpha$ in memory-sensitive brain regions. Most of these studies indicate cross-talk between peptide growth factor, insulin growth factor and neurotransmitters such as dopamine through kinase activity, not through increasing the level of cyclic nucleotides.12,36-38 Moreover, it has been documented that cyclic nucleotides promote the phosphorylation of ERa in brain tissues suggesting that cyclic nucleotides are important mediators in the mechanism of estrogen through ERa receptor activity.38,39 Our present study reports that there was a significant loss in the level of cyclic nucleotides such as cAMP and cGMP in all memory-sensitive brain regions of ovariectomized rodents. It has also been suggested that GSK-3 beta inhibitors can promote the phosphorylation of ERa at Ser-118 site, which can improve the memory function in ovariectomized animals.34 Taken into consideration the above facts, it can be assumed that cyclic nucleotides could be one of the targets to promote the ligandindependent mechanism of estrogen through ERa receptor activity during memory formation in estrogen deficiency condition which mechanism has to be established with future studies. Further, the present study demonstrated for the first time that there was a significant positive correlation between ratio of cyclic nucleotides (cGMP/cAMP) and nuclear p-ERa with respect to H3 in the selected brain regions indicating the fact that there could be a direct relationship between ratio of cyclic nucleotides and activity of phosphorylated ERa receptor during such condition.

CONCLUSION

In conclusion, bilateral ovariectomy impairs phosphorylation of ER α and translocation of phosphorylated ER α receptor in memory-sensitive brain regions of the rodents indicating impairment in the phosphorylated ER α receptor activity. Further, the levels of cyclic nucleotides are reduced in memory-sensitive brain regions of these animals. Therefore, the results suggest that there could be a direct relationship between phosphorylated ER α receptor activity and levels of cyclic nucleotides in the memory-sensitive brain regions of ovariectomized animals. Hence, it can be assumed that cyclic nucleotides could be a potential and alternate target to promote the phosphorylation of ER α receptormediated activity of estrogen during memory formation in estrogen deficiency condition.

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CONFLICT OF INTEREST

The authors declare that they have no conflict of interests.

ABBREVIATIONS

AD: Alzheimer's Disease; ERα: Estrogen Receptor Alpha; ERE: Estrogen Response Elements; cAMP: Cyclic Adenosine Monophosphate; cGMP: Cyclic Guanosine Monophosphate; p-ERα: Phosphorylated Estrogen Receptor Alpha; OVX: Ovariectomy; HIP: Hippocampus; PFC: Pre-frontal Cortex; AMY: Amygdala; MWM: Morris Water Maze; SAB: Spontaneous Alteration Behaviour; ChAT: Choline Acetyltransferase; Ach: Acetylcholine; AChE: Acetylcholinesterase; CPCSEA: Committee for the Purpose of Control and Supervision of Experiments on Animals; H3: Histone-3; ECL: Enhanced Chemiluminescence; ANOVA: Analysis of Variance.

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SUMMARY

- In the present study, bilateral ovariectomy impairs phosphorylation of ERα and translocation of phosphorylated ERα receptor in memory-sensitive brain regions of the rodents indicating impairment in the phosphorylated ERα receptor activity.
- Further, the levels of cyclic nucleotides were estimated in those brain regions to draw a possible correlation on phosphorylated ERα signaling.
- The levels of cyclic nucleotides found to be reduced in memory-sensitive brain regions of these animals. Therefore, the results suggest that there could be a direct relationship between phosphorylated ERα receptor activity and levels of cyclic nucleotides in the memory-sensitive brain regions of ovariectomized animals.

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